



COVID-19 (Novel Coronavirus) Response: 4-3-2020

This week during one of our conversations with the Fairfax County Health Department they shared that the cooperation between The Kensington and the Health Department has been valuable and believes our work has been instrumental in the development of protocols for responding to this situation throughout the county. We appreciated this and feel confident in the methods our team is following and we will continue to observe, evaluate and implement the highest level of precautions in our community. Here is an update on the safety measures we are taking.

Our current precautions include:

- Family visitation has been suspended with the only exception being end-of-life situations.
- We are keeping our residents and their families connected with video chat, phone calls and FaceTime sessions.
- All elective medical visits have been rescheduled and tele-health appointments are being arranged with our nursing team when necessary.
- We have canceled outings and group activities. We are keeping residents engaged with one on one activities and visits by our team.
- Residents who are able, are having their meals in their apartments. For those who can't safely eat in their apartment, we are providing staggered seating to ensure social distancing is maintained.
- We are reminding residents and assisting with handwashing throughout the day.
- We continue sanitizing within the community according to CDC and Fairfax County Health Department guidelines.
- Team members are self-monitoring at home, being screened and monitored at the start of their shift, and again during their shift, for fever and symptoms. Anyone with symptoms is asked to stay home or if symptoms initiate while at work, the team member is being sent home. Team members are able to use their PTO and are asked to contact their physician and monitor their symptoms. We are following CDC guidelines for a team member's return to work.
- Residents are being monitored daily for fever and symptoms.
- All team members in the community are wearing masks while in the building.
- Our team is following CDC and Fairfax County Health Department precautions which includes wearing masks, gowns, gloves and protective face shields when caring for residents experiencing symptoms or those confirmed to have COVID-19.
- Supplies are secured and inventories monitored daily.
- Deliveries are being made at outside entrances and retrieved by our team to distribute within the community after being disinfected.

Thank you to all who have shown us continued support by sending kind notes, treats and encouragement for our team. We have an incredible group of dedicated caregivers working to protect our residents. As one family member wrote, "In a time when the world seems upside down, you guys are such an example of calm, diligent commitment. It's wonderful."

Stay safe and hopeful,
The Kensington Senior Living Team

3-22-2020

We continue to focus on protecting our residents and team members and caring for the health of everyone at The Kensington Falls Church. As always, that is our top priority. We had strong infection control and sanitation measures in place prior to the news of the virus and have since increased and added protocols as directed by the Fairfax County Health Department.

We understand how important up-to-date and accurate information is to the families of those who live here. Because of that, we have been communicating with them at least once a day and sometimes twice. Our regular communications give them the latest information we have and provide news of our ongoing protective measures.

We have been collaborating with both the Fairfax County Health Department and the City of Falls Church and appreciate the resources they have been providing. We are grateful for their continued support.

Sincerely,
The Kensington Senior Living Team

3-19-2020

A resident at The Kensington Falls Church has been diagnosed with COVID-19. The resident is being treated and recovering. The resident was placed in isolation on March 14 after displaying respiratory symptoms. Yesterday, the results of the test confirmed the diagnosis.

Seven other residents displayed respiratory symptoms, but test results yesterday revealed that they do not have the virus. A staff member was proactively taking their own temperature and called out on Friday. They have not returned to the building and are awaiting test results. Another staff member was told to leave work after developing a fever during their shift. They have been tested and are awaiting results.

We are working closely with the Fairfax County Department of Health. They have been an invaluable partner in helping us mobilize the resources we need to protect, test and monitor. We are extremely grateful to them for their help.

Residents have been monitored each shift for fever and respiratory symptoms over the past week. In addition, team members have been monitored for symptoms of flu and COVID-19 at the start of their shifts. Anyone with symptoms has been sent home, asked to contact their physician and to monitor their symptoms. Staff have been sanitizing within the community, particularly within high traffic areas. Deliveries have been restricted to outside entrances and retrieved by staff to those in the community.

As per guidance from the CDC for health care communities, we have limited visitors and cancelled all events and outings. We have cancelled all but critical doctor's appointments for residents. Our teams are creative and have set up virtual ways for residents and family members to connect in lieu of in-person visits. We are arranging these virtual visits through Facetime or video chats.

Because we deal with an at-risk group of people living in our community, we've had detailed plans in place well before this development. Our plan follows the CDC guidelines for all healthcare facilities. In addition, given this

latest development, we are working closely with the Fairfax County Department of Health, and following any additional direction they are providing.

Sincerely,
The Kensington Senior Living Team

3-17-2020

Since the first reports of the novel Coronavirus or COVID-19, our first and foremost concern, has been to keep our residents and team members safe. Our team took early action to confirm our infection control procedures and sanitation processes, and ensure we had available supplies on hand. We continue to adapt our procedures to align with the latest recommendations provided by the Centers for Disease Control and Prevention (CDC) and our state and county health officials.

Although these are evolving, a summary of our current responsive measures is listed below.

- Visitation has been restricted to only those providing essential services. We are arranging for video chat or face time sessions for our residents and their loved ones.
- Team members are being monitored at the start of their shift for symptoms of flu and COVID-19. Anyone with symptoms is being sent home, asked to contact their physician and to monitor their symptoms.
- Residents are being monitored daily for fever and respiratory symptoms.
- All elective medical visits have been rescheduled.
- We are assisting residents with social distancing and cancelling outings.
- We have increased sanitizing within the community, particularly within high traffic areas.
- Deliveries are being made at outside entrances and retrieved by our team to distribute within the community.

In this challenging time, we thank you for all of the support we've already received and ask for your continued understanding as we continue to do all we can to protect our residents and team members, and prevent community spread.

Sincerely,
The Kensington Senior Living Team