

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

<p>9:15am Morning Walk 9:30am Shuttle Bus to Church 10:00am Exercise with Quin 11:00am The Great Courses: The American Civil War (Video Lecture) 1:30pm Brain Games: Apple TV 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ Whole Foods 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">1</p>	<p>9:15am Morning Walk 10:00am Morning Yoga with Dana 11:00am The Great Courses: Bach and the High Baroque 11:15am Brain Exercise 12:00pm Labor Day Picnic 1:30pm Nail Polish on the 5th 2:00pm Afternoon Documentary 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">2</p> <p style="text-align: center;">Labor Day</p>	<p>9:15am Morning Walk 10:00am Exercise with Genesis 11:30am Activities Meeting with Quin & Kristine 1:30pm Scrabble Game in the Café 2:00pm Afternoon Documentary 3:00 Uno in the Cafe 3:30pm Happy Hour & Live Music 4:30pm Family Meeting 6:45pm Evening Film</p> <p style="text-align: right;">3</p>	<p>9:15am Morning Walk 10:00am Morning Yoga with Laura 10:30am Communications Club 12:00pm Men's Barbeque and Beer - Liberty Barbeque 1:30pm Word Game with Team Members 2:00pm Afternoon Documentary 2:30pm News and Views 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night</p> <p style="text-align: right;">4</p>	<p>9:15am Morning Walk 9:45am Morning Meditation 10:00am Catholic Communion 10:00am Exercise with Genesis 10:45am Restaurant Outing - Silver Diner 1:30pm Pool Game on the 5th with Team Members 2:00pm Afternoon Documentary 3:30pm Crafts 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">5</p>	<p>9:15am Morning Walk 10:00am Bananagrams 10:30am Energize Fitness 11:00am Let's Paint with Kristine 1:00pm Board Game with Team Members 2:00pm Afternoon Documentary 2:30pm Nail Painting 4:00pm Happy Hour & Live Music with Just Friends 6:45pm Evening Film</p> <p style="text-align: right;">6</p>	<p>9:30am Falls Church Farmers Market 11:00am Brain Exercise 1:30pm Table Top Bowling with Team Members in the Café 2:00pm Afternoon Documentary 2:00pm Scrabble Game 3:30pm Root Beer Floats 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">7</p>
<p>9:15am Morning Walk 9:30am Shuttle Bus to Church 10:00am Exercise with Quin 11:00am The Great Courses: The American Civil War (Video Lecture) 1:30pm Brain Games: Apple TV 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ TJ Maxx 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">8</p> <p style="text-align: center;">Grandparents' Day</p>	<p>9:15am Morning Walk 10:00am Morning Yoga with Laura 11:00am The Great Courses: Bach and the High Baroque 11:15am Brain Exercise 1:30pm Nail Polish on the 5th 2:00pm Afternoon Documentary 2:30pm Uno in the Café 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">9</p>	<p>9:15am Morning Walk 10:00am Exercise with Genesis 11:00am The Beat Goes On: Drum Circle 1:30pm Quilling with Joni 2:00pm Afternoon Documentary 3:00pm Uno in the Café 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">10</p>	<p>8:46am Moment of Silence 9:15am Morning Walk 10:00am Morning Yoga with Lynnette 10:30am Communications Club 1:30pm Shabbat Service 1:45pm Scrabble 2:00pm Afternoon Documentary 2:30pm News and Views 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night</p> <p style="text-align: right;">11</p>	<p>9:15am Morning Walk 10:00am Exercise with Genesis 10:00am Catholic Communion 11:00am Restaurant Outing - WildFire 1:30pm Pool Game on the 5th with Team Members 2:00pm Afternoon Documentary 3:30pm Crafts 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">12</p>	<p>9:15am Morning Walk 10:00am Bananagrams 10:30am Energize Fitness 11:00am Let's Paint with Kristine 1:00pm Board Game with Team Members 2:00pm Afternoon Documentary 2:30pm Nail Painting 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">13</p>	<p>9:30am Falls Church Farmers Market 11:00am PALS Pet Therapy Visit 1:30pm Table Top Bowling with Team Members in the Café 2:00pm Afternoon Documentary 2:00pm Scenic Ride 3:30pm Root Beer Floats 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">14</p>
<p>9:15am Morning Walk 9:30am Shuttle Bus to Church 10:00am The Great Courses: The American Civil War (Video Lecture) 11:15am Yoga with Kevin 1:15 Bananagrams 2:00pm Afternoon Documentary 3:30pm Zumba with Hildi 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">15</p>	<p>9:15am Morning Walk 10:00am Morning Yoga with Jennifer 11:00am The Great Courses: Bach and the High Baroque 11:15am Brain Exercise 1:30pm Nail Polish on the 5th 2:00pm Afternoon Documentary 3:00pm Library Outing 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">16</p>	<p>9:15am Morning Walk 10:00am Exercise with Genesis 11:00am Flower Arranging 1:30pm Missing Vowels - Expressions (Game) 2:00pm Afternoon Documentary 3:00pm Reminiscing with Pictures 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">17</p>	<p>9:30am Donuts with News & Views 10:00am Morning Yoga with Lynnette 10:30am Communications Club 2:00pm Afternoon Documentary 3:00pm Bananagrams 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night</p> <p style="text-align: right;">18</p>	<p>9:15am Morning Walk 10:00am Catholic Communion 10:00am Exercise with Genesis 11:00am Dr. Earley Presentation 1:30pm Pool Game on the 5th with Team Members 2:00pm Afternoon Documentary 3:30pm Crafts 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">19</p>	<p>9:15am Morning Walk 10:00am Bananagrams 10:30am Energize Fitness 11:00am Let's Paint with Kristine 1:00pm Board Game with Team Members 2:00pm Afternoon Documentary 2:30pm Nail Painting 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">20</p>	<p>9:30am Falls Church Farmers Market 11:00am Brain Exercise 1:30pm Table Top Bowling with Team Members in the Café 2:00pm Afternoon Documentary 2:00pm Scrabble Game 3:30pm Root Beer Floats 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">21</p> <p style="text-align: center;">Oktoberfest Begins</p>
<p>9:15am Morning Walk 9:30am Shuttle Bus to Church 10:00am Exercise with Quin 11:00am Natalie's Presentation - Fall Festivals Around the Globe 1:30pm Brain Games: Apple TV 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ Target 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">22</p>	<p>9:15am Morning Walk 10:00am Morning Yoga with Dana 11:00am The Great Courses: Bach and the High Baroque 11:00am Movie Outing 11:15am Brain Exercise 1:30pm Nail Polish on the 5th 2:00pm Afternoon Documentary 2:30pm Uno in the Café 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">23</p> <p style="text-align: center;">Autumn Begins</p>	<p>9:15am Morning Walk 10:00am Exercise with Genesis 11:00am Brain Exercise 1:30pm Puzzle with Team Members 2:00pm Afternoon Documentary 3:00pm Jenga in the Café 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">24</p>	<p>9:15am Morning Walk 10:00am Morning Yoga with Lynnette 10:30am Communications Club 10:45am Patriot Pawsabilities - A Cat Lounge 1:30pm Word Game with Team Members 1:30pm Shabbat Service 2:00pm Afternoon Documentary 2:30pm News and Views 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">25</p>	<p>9:15am Morning Walk 9:45am Morning Meditation 10:00am Exercise with Genesis 10:00am Catholic Communion 11:00am Resident Council 12:00pm "Ladies Lunch In" - Sfizi 2:00pm Afternoon Documentary 3:00pm Pool Game with Peter & Nardo 3:30pm Crafts - Jewelry Making 4:00pm Happy Hour & Live Music 6:30pm The Kensington After Hours</p> <p style="text-align: right;">26</p>	<p>9:15am Morning Walk 10:00am Bananagrams 10:30am Energize Fitness 11:00am Let's Paint with Kristine 1:00pm Board Game with Team Members 2:00pm Afternoon Documentary 2:30pm Nail Painting 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">27</p>	<p>9:30am Falls Church Farmers Market 11:00am Brain Exercise 1:30pm Table Top Bowling with Team Members in the Café 2:00pm Afternoon Documentary 2:00pm Scenic Ride 3:30pm Root Beer Floats 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">28</p>
<p>9:15am Morning Walk 9:30am Shuttle Bus to Church 10:00am Exercise with Quin 11:00am The Great Courses: The American Civil War (Video Lecture) 1:30pm Brain Games: Apple TV 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ Harris Teeter 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">29</p>	<p>9:15am Morning Walk 10:00am Morning Yoga with Dana 11:00am The Great Courses: Book Club 1:30pm Nail Polish on the 5th 2:00pm Afternoon Documentary 3:00pm Brain Exercise on Apple TV 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p> <p style="text-align: right;">30</p> <p style="text-align: center;">Rosh Hashanah (first Day)</p>	 <p>Assisted Living September 2019</p>				