

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p style="text-align: center; font-size: 2em; font-weight: bold;">January 2019</p>		<p>10:00am Exercise w/ Genesis <b>1</b></p> <p><b>11:00am New Year's Resolutions Discussion</b></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Poker in the Cafe</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:30pm Rummikub</p> <p>6:45pm Evening Film</p> <p style="text-align: center; font-size: 0.8em;">New Year's Day</p>	<p>10:00am Morning Yoga w/ Lynnette <b>2</b></p> <p>10:30am Parkinson Club</p> <p>11:00am Cooking ~ Chocolate Covered Strawberries</p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Art Class</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p> <p>6:45pm Family Bingo Night</p>	<p><b>8:00am Ladies Bagel Breakfast 3</b></p> <p>10:00am Exercise W/ Genesis</p> <p><b>11:00am National Museum of African American History</b></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Catholic Communion</p> <p>3:00pm Crafts ~ Knitting Looms W Gabriella</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Catholic Rosary <b>4</b></p> <p>10:30am Energize Fitness</p> <p><b>11:30am Restaurant Outing - Lebanese Taverna</b></p> <p>2:00pm Afternoon Documentary</p> <p>2:00pm Nail Painting</p> <p><b>3:00pm Library outing</b></p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Stretch and Tone ~ Kristine <b>5</b></p> <p>11:00am ~ Current events</p> <p>2:00pm Afternoon Documentary</p> <p><b>3:00pm Scenic Ride</b></p> <p><b>3:00pm Hot Chocolate Bar</b></p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>
<p><b>9:30am Shuttle Bus to Church 6</b></p> <p>10:00am Balance in Action</p> <p>11:00am Community Crossword</p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Shopping Outing ~ Harris Teeter</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Morning Yoga with Dana <b>7</b></p> <p>11:00am Word within a Word</p> <p>11:00am Book Club</p> <p><b>12:00pm Men's Pizza and Beer</b></p> <p>1:30pm Nail Polish on the 5<sup>th</sup></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm 1950's Trivia</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Exercise w/ Genesis <b>8</b></p> <p><b>11:00am The Beat Goes On; Drum Circle</b></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Poker in the Cafe</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:30pm Rummikub</p> <p>6:45pm Evening Film</p>	<p>10:00am Morning Yoga w/ Lynnette <b>9</b></p> <p>10:30am Parkinson Club</p> <p><b>11:30am Kensington Park and Falls Church Resident Mixer in Famille</b></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Art Class</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p> <p>6:45pm Family Bingo Night</p>	<p>10:00am Exercise W/ Genesis <b>10</b></p> <p><b>11:00am National Museum of Natural History</b></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Catholic Communion</p> <p>3:00pm Crafts~ Knitting Looms</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Catholic Rosary <b>11</b></p> <p>10:30am Energize Fitness</p> <p><b>11:30am Restaurant Outing - Carlyle</b></p> <p>2:00pm Natalie's Presentation</p> <p>2:00pm Nail Painting</p> <p><b>3:00pm~ Fairy Gardens</b></p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Stretch and Tone ~ Kristine <b>12</b></p> <p>11:00am ~ Current events</p> <p>2:00pm Afternoon Documentary</p> <p><b>3:00pm Scenic Ride ~</b></p> <p><b>3:00pm Hot Chocolate Bar</b></p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>
<p><b>9:30am Shuttle Bus to Church 13</b></p> <p>10:00am Balance in Action</p> <p>11:00am Community Crossword</p> <p>2:00pm Afternoon Documentary</p> <p><b>3:00pm Shopping Outing ~ Target</b></p> <p>4:00pm Happy Hour &amp; Live Music</p> <p><b>5:00pm Lighting of the Menorah</b></p> <p>6:45pm Evening Film</p>	<p>10:00am Morning Yoga with Dana <b>14</b></p> <p>11:00am Presentation w Ivy ~ Celebrity Veterans</p> <p>1:30pm Nail Polish on the 5<sup>th</sup></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm You Be the Judge</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Exercise w/ Genesis <b>15</b></p> <p><b>11:30am Clay Café Studio</b></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Family Feud in the Cafe</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:30pm Rummikub</p> <p>6:45pm Evening Film</p>	<p>10:00am Morning Yoga w/ Lynnette <b>16</b></p> <p>10:30am Parkinson Club</p> <p>11:00am Air Fryer Apple Chips</p> <p><b>2:00pm Smithsonian Presentation ~ Bill</b></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Art Class</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p> <p>6:45pm Family Bingo Night</p>	<p>10:00am Exercise W/ Genesis <b>17</b></p> <p><b>10:30am Merritt Academy ~ Community Project</b></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Catholic Communion</p> <p>3:30pm Crafts ~ Knitting Looms</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Catholic Rosary <b>8</b></p> <p>10:30am Energize Fitness</p> <p><b>11:30am Restaurant Outing - Anthony's</b></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Nail Painting</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Stretch and Tone ~ Kristine <b>19</b></p> <p>11:00am ~ Current events</p> <p>2:00pm Afternoon Documentary</p> <p><b>3:00pm Scenic Ride</b></p> <p><b>3:00pm Hot Chocolate Bar</b></p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>
<p><b>9:30am Shuttle Bus to Church 20</b></p> <p>10:00am Balance in Action</p> <p>11:00am Community Crossword</p> <p>2:00pm Afternoon Documentary</p> <p><b>3:00pm Shopping Outing ~ CVS</b></p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Morning Yoga with Dana <b>21</b></p> <p>11:00am Word within a Word</p> <p>1:30pm Nail Polish on the 5<sup>th</sup></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Sherlock Holms enigmas to puzzle</p> <p>4:00pm Happy Hour</p> <p>6:45pm Evening Film</p> <p style="text-align: center; font-size: 0.8em;">Martin Luther King Day Tu B'Shevat</p>	<p>10:00am Exercise w/ Genesis <b>22</b></p> <p><b>12:00am Movie Outing</b></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Poker in the Cafe</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:30pm Rummikub</p> <p>6:45pm Evening Film</p>	<p>10:00am Morning Yoga w/ Lynnette <b>23</b></p> <p>10:30am Parkinson Club</p> <p>11:00am Baking Banana Oat Breakfast Cookies</p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Art Class</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p> <p>6:45pm Family Bingo Night</p>	<p>10:00am Exercise W/ Genesis <b>24</b></p> <p><b>11:00am Dr. Earley Presentation;</b></p> <p>2:00pm Afternoon Documentary</p> <p>1:30pm <b>National Museum of Modern Art</b></p> <p>3:00pm Catholic Communion</p> <p>3:30pm Crafts ~ Dream Catchers</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Catholic Rosary <b>25</b></p> <p>10:30am Energize Fitness</p> <p><b>11:30am Restaurant Outing - Maggiano's</b></p> <p>2:00pm Afternoon Documentary</p> <p><b>3:00pm Library outing</b></p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Stretch and Tone ~ Kristine <b>26</b></p> <p>11:00am ~ Current events</p> <p>2:00pm Afternoon Documentary</p> <p><b>3:00pm Scenic Ride</b></p> <p><b>3:00pm Hot Chocolate Bar</b></p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>
<p><b>9:30am Shuttle Bus to Church 27</b></p> <p>10:00am Balance in Action</p> <p>11:00am Community Crossword</p> <p>2:00pm Afternoon Documentary</p> <p><b>3:00pm Shopping Outing - Harris Teeter</b></p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>	<p>10:00am Morning Yoga with Dana <b>28</b></p> <p>11:00am Word within a Word</p> <p>1:30pm Nail Polish on the 5<sup>th</sup></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Name that Tune</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p> <p style="text-align: center; font-size: 0.8em;">Australia Day (observed)</p>	<p>10:00am Exercise w/ Genesis <b>29</b></p> <p>11:30am <b>Beadazzled</b></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Scrabble in the Cafe</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:30pm Rummikub</p> <p>6:45pm Evening Film</p>	<p>10:00am Morning Yoga w/ Lynnette <b>30</b></p> <p>11:00am Cooking- dehydrated Fruit Trail Mix</p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Art Class</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p> <p>6:45pm Family Bingo Night</p>	<p>10:00am Exercise W/ Genesis <b>31</b></p> <p><b>11:00am Resident Council</b></p> <p>2:00pm Afternoon Documentary</p> <p>3:00pm Catholic Communion</p> <p>3:30pm Crafts ~ Dream Catchers</p> <p>4:00pm Happy Hour &amp; Live Music</p> <p>6:45pm Evening Film</p>		

