

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

Connections Activity Calendar

<p>9:30 Coffee & Tea Chat – DR 10:30 Daily Chronicle – PL 11:00 Balloon Volleyball – AR 1:00 Sunday Matinée – AR 1:30 Scenic Ride 3:00 Jerry the Piano Man – PL 4:00 Word Game – PL 6:15 Sunday Night Movie – AR 6:30 Reading – PL TBD NFL Playoff Games – TV Lounge</p>	<p>9:30 Coffee & Tea Chat DR 10:00 Yoga & Breathing with Dana – C 10:00 Rise & Shine Exercise – AR 10:30 Daily Chronicle – AR 11:00 Daily Trivia – AR 12:00pm Men's Pizza and Beer – 2nd floor 1:00 Movie/Documentary 2:00 Let's Bake! – DR 3:00 Balance and Stability Exercises – AR 3:30 Sing-along 6:15 Monday Movie – AR 6:30 Card Games – PL</p>	<p>9:30 Coffee & Tea Chat – DR 10:00 Uplifting News – AR 10:30 Exercise Essentials – AR 11:00am The Beat Goes On; Drum Circle – 2nd floor 11:30 Name That Tune – PL 1:00 Afternoon Movie – AR 2:00 Art and Crafts with Elizabeth – DR 3:00 Piano with Agnel – PL 4:00 Brain Exercise & Games – PL 6:15 Board Games – PL 6:15 Comedy Night – AR New Year's Day</p>	<p>9:30 Coffee & Tea Chat – DR 10:00 Daily Chronicle – AR 10:30 Morning Stretches – AR 10:30 Parkinson's Club with Susan – L 11:00 Trivia – AR 11:30 Educational Video & Discussion – AR 1:00 Documentary – AR 2:30 Tea with Friends – AR 3:15 Dancing Queens with Kitty – PL 4:00 Happy Hour & Cocktails – 2nd floor 6:15 Movie Night – AR 6:15 Poetry – PL</p>	<p>9:30 Coffee & Tea Chat – DR 10:00 Arts & Crafts – AR 11:00 Daily Chronicle – AR 11:30 Exercise Essentials – AR 1:30 Matinée Documentary – AR 1:30 Scenic Ride 3:00 Catholic Communion – C 3:00 John the Whistling Man – PL 4:00 Brain Game – PL 6:00 Classic Film – AR 6:30 Hand Massages – PL</p>	<p>9:30 Coffee & Tea Chat – DR 10:00 Sunrise Stretches – AR 10:00 Catholic Rosary – C 10:30 Energized Fitness for Parkinson's – C 10:30 Daily Chronicle – AR 11:00 Jeopardy! Daily Trivia – AR 1:30 Matinée Documentary – AR 2:00 Men's Club – DR 3:00 Music Therapy with Linda – PL 4:00 Brain Exercise & Games – PL 6:15 Movie Night – AR 6:30 Checkers – PL</p>	<p>9:30 Coffee & Tea Chat – DR 10:00 Uplifting News – AR 10:30 Exercise Essentials – AR 11:00 Daily Chronicle – AR 1:30 Saturday Matinée – AR 3:00 Geography Games – PL 3:00pm Hot Chocolate Bar – 2nd floor Café 6:00 Classic Film – AR 6:15 Board Games – AR TBD NFL Playoff Games – TV Lounge</p>
<p>9:30 Coffee & Tea Chat – DR 10:30 Daily Chronicle – PL 11:00 Balloon Volleyball – AR 1:00 Sunday Matinée – AR 1:30 Scenic Ride 3:00 Jerry the Piano Man – PL 4:00 Word Game – PL 6:15 Sunday Night Movie – AR 6:30 Reading – PL TBD NFL Playoff Games – TV Lounge</p>	<p>9:30 Coffee & Tea Chat DR 10:00 Yoga & Breathing with Dana – C 10:00 Rise & Shine Exercise – AR 10:30 Daily Chronicle – AR 11:00 Daily Trivia – AR 12:00pm Men's Pizza and Beer – 2nd floor 1:00 Movie/Documentary 2:00 Let's Bake! – DR 3:00 Balance and Stability Exercises – AR 3:30 Sing-along 6:15 Monday Movie – AR 6:30 Card Games – PL</p>	<p>9:30 Coffee & Tea Chat – DR 10:00 Uplifting News – AR 10:30 Exercise Essentials – AR 11:00am The Beat Goes On; Drum Circle – 2nd floor 11:30 Name That Tune – PL 1:00 Afternoon Movie – AR 2:00 Art and Crafts with Elizabeth – DR 3:00 Piano with Agnel – PL 4:00 Brain Exercise & Games – PL 6:15 Board Games – PL 6:15 Comedy Night – AR</p>	<p>9:30 Coffee & Tea Chat – DR 10:00 Daily Chronicle – AR 10:30 Morning Stretches – AR 10:30 Parkinson's Club with Susan – L 11:00 Trivia – AR 11:30 Educational Video & Discussion – AR 1:00 Documentary – AR 2:30 Tea with Friends – AR 3:15 Dancing Queens with Kitty – PL 4:00 Happy Hour & Cocktails – 2nd floor 6:15 Movie Night – AR 6:15 Poetry – PL</p>	<p>9:30 Coffee & Tea Chat – DR 10:00 Arts & Crafts – AR 11:00 Daily Chronicle – AR 11:30 Exercise Essentials – AR 1:30 Matinée Documentary – AR 1:30 Scenic Ride 3:00 Catholic Communion – C 3:00 John the Whistling Man – PL 4:00 Brain Game – PL 6:00 Classic Film – AR 6:30 Hand Massages – PL</p>	<p>9:30 Coffee & Tea Chat – DR 10:00 Sunrise Stretches – AR 10:00 Catholic Rosary – C 10:30 Energized Fitness for Parkinson's – C 10:30 Daily Chronicle – AR 11:00 Jeopardy! Daily Trivia – AR 1:30 Matinée Documentary – AR 2:00 Men's Club - DR 3:00 Music Therapy with Linda – PL 4:00 Brain Exercise & Games – PL 6:15 Movie Night – AR 6:30 Checkers – PL</p>	<p>9:30 Coffee & Tea Chat – DR 10:00 Uplifting News – AR 10:30 Exercise Essentials – AR 11:00 Daily Chronicle – AR 1:30 Saturday Matinée – AR 3:00 Geography Games – PL 3:00pm Hot Chocolate Bar – 2nd floor Café 6:00 Classic Film – AR 6:15 Board Games – AR TBD NFL Playoff Games – TV Lounge</p>
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*Subject to Change