

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

The Kensington Falls Church

						10:30am Energize Fitness 11:30am Restaurant Outing – Coastal Flats 2:00pm Afternoon Documentary 2:00pm Nail Painting 3:00pm Library outing 4:00pm Happy Hour & Live Music 6:45pm Evening Film	10:00am HASFit with Kristine 11:00am Brain Exercise 2:00pm Afternoon Documentary 2:00pm Scenic Ride 3:30pm Hot Chocolate Bar 4:00pm Happy Hour & Live Music 6:45pm Evening Film
<small>Groundhog Day</small>							
9:30am Shuttle Bus to Church 10:00am Balance in Action 11:00am Community Crossword 2:00pm Ted Talks 3:00pm Shopping Outing ~ Harris Teeter 4:00pm Happy Hour & Live Music 5:45 Super Bowl LIII Party	10:00am Morning Yoga with Dana 11:00am Word within a Word 11:00am Book Club 1:30pm Nail Polish on the 5 th 2:00pm Afternoon Documentary 3:00pm 1960's Trivia 4:00pm Happy Hour & Live Music 6:45pm Evening Film	10:00am Exercise w/ Genesis 11:00 How Many Words 12:00pm Men's Pizza and Beer 2:00pm Flower Club 2:00pm Afternoon Documentary 3:00pm Poker in the Cafe 4:00pm Happy Hour & Live Music 6:30pm Rummikub 6:45pm Evening Film	10:00am Morning Yoga w/ Lynnette 10:30am Parkinson Club 1:30 Shabbat with Rabbi Deitsch 2:00pm Afternoon Documentary 3:00pm Art Class 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night	10:00am Exercise W/ Genesis 11:00am College Park Aviation Museum Outing 2:00pm Afternoon Documentary 3:00pm Catholic Communion 3:00pm Crafts ~ Heart Puzzle Vreaths 4:00pm Happy Hour & Live Music 6:45pm Evening Film	10:30am Energize Fitness 11:30am Restaurant Outing – J. Gilbert's 2:00pm Natalie's Presentation 2:00pm Nail Painting 3:00pm~ Ted Talks 4:00pm Happy Hour & Live Music 6:45pm Evening Film	10:00am HASFit with Kristine 11:00am ~ Current events 2:00pm Afternoon Documentary 2:00pm Scenic Ride ~ 3:00pm Hot Chocolate Bar 4:00pm Happy Hour & Live Music 6:45pm Evening Film	
<small>Chinese New Year</small>							
9:30am Shuttle Bus to Church 10:00am Balance in Action 11:00am Community Crossword 2:00pm Afternoon Documentary 3:00pm The Army String Quartet 4:00pm Happy Hour & Live Music 6:15 Uno in the Cafe 6:45pm Evening Film	10:00am Morning Yoga with Dana 11:00am Presentation w Ivy ~ Celebrity Veterans 1:30pm Nail Polish on the 5 th 2:00pm Afternoon Documentary 3:00pm You Be the Judge 4:00pm Happy Hour & Live Music 6:45pm Evening Film	10:00am Exercise w/ Genesis 11:00am The Beat Goes On; Drum Circle 1:30pm Museum of the Bible Outing 2:00pm Afternoon Documentary 3:00pm Family Feud in the Cafe 4:00pm Happy Hour & Live Music 6:30pm Rummikub 6:45pm Evening Film	10:00am Morning Yoga w/ Lynnette 10:30am Parkinson Club 10:30 Jewelry Making 2:00pm Afternoon Documentary 3:00pm Art Class 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night	10:00am Exercise W/ Genesis 2:00pm Afternoon Documentary 3:00pm Catholic Communion 3:30pm Cupid Kissed Wafers 4:00pm Celebrate the One's You Love!! Happy Hour & Live Music 6:45pm Evening Film	10:30am Energize Fitness 11:30am Restaurant Outing – Liberty Barbeque 2:00pm Afternoon Documentary 3:00pm Nail Painting 4:00pm Happy Hour & Live Music 6:45pm Evening Film	10:00am HASFit with Kristine 11:00am ~ Current events 2:00pm Afternoon Documentary 2:00pm Scenic Ride ~ 3:00pm Hot Chocolate Bar 4:00pm Happy Hour & Live Music 6:45pm Evening Film	
<small>Valentine's Day</small>							
9:30am Shuttle Bus to Church 10:00am Balance in Action 11:00am Community Crossword 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ CVS 4:00pm Happy Hour & Live Music 6:15 Uno in the Cafe 6:45pm Evening Film	10:00am Morning Yoga with Dana 11:00am Word within a Word 1:30pm Nail Polish on the 5 th 2:00pm Afternoon Documentary 3:00pm Sherlock Holms enigmas to puzzle 4:00pm Happy Hour 6:45pm Evening Film	10:00am Exercise w/ Genesis 12:00am Movie Outing 2:00pm Flower Club 2:00pm Afternoon Documentary 3:00pm Poker in the Cafe 4:00pm Happy Hour & Live Music 6:30pm Rummikub 6:45pm Evening Film	10:00am Morning Yoga w/ Lynnette 10:30am Parkinson Club 11:00am Baking Sweet Raspberry Yogurt Bites 2:00pm Afternoon Documentary 3:00pm Art Class 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night	10:00am Exercise W/ Genesis 10:30am Merritt Academy ~ Community Project 11:00am Dr. Earley Presentation; 2:00pm Afternoon Documentary 3:00pm Catholic Communion 3:30pm Crafts ~Spiral Sun Catchers 4:00pm Happy Hour & Live Music 6:45pm Evening Film	10:30am Energize Fitness 11:30am Restaurant Outing – Mad Fox 2:00pm Afternoon Documentary 3:00pm Library outing 4:00pm Happy Hour & Live Music 6:45pm Evening Film	10:00am HASFit with Kristine 11:00am ~ Current events 2:00pm Afternoon Documentary 3:00pm Scenic Ride ~ 3:00pm Hot Chocolate Bar 4:00pm Happy Hour & Live Music 6:45pm Evening Film	
<small>Presidents' Day (US)</small>							
9:30am Shuttle Bus to Church 10:00am Balance in Action 11:00am Community Crossword 2:00pm Afternoon Documentary 3:00pm Shopping Outing – Harris Teeter 4:00pm Happy Hour & Live Music 6:15 Uno in the Cafe 6:45pm Evening Film	10:00am Morning Yoga with Dana 11:00am Word within a Word 1:30pm Nail Polish on the 5 th 2:00pm Afternoon Documentary 3:00pm Name that Tune 4:00pm Happy Hour & Live Music 6:45pm Evening Film	10:00am Exercise w/ Genesis 11:30am Clay Café Studio 2:00pm Afternoon Documentary 2:00pm 3:00pm Blokus in the Café 4:00pm Happy Hour & Live Music 6:30pm Rummikub 6:30pm Family Support Group 6:45pm Evening Film	10:00am Morning Yoga w/ Lynnette 11:00am Baking – Pink Cream Cheese Oreo Cookies 1:30pm Table Tennis 2:00pm Afternoon Documentary 3:00pm Community Scrapbook 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night	10:00am Exercise W/ Genesis 11:00am Resident Council 2:00pm Afternoon Documentary 3:00pm Catholic Communion 3:30pm Crafts ~ Dream Catchers 4:00pm Happy Hour & Live Music 6:45pm Evening Film			